



**As part of our  
Autism Friendly Shopping  
in association with AsI Am,  
we have developed a  
social story surrounding  
COVID-19**



**SuperValu**

# Autism Friendly



## Shopping & Social Distancing

If you are well and haven't been advised to 'self isolate', you can still go shopping if you need to buy food or supplies.

While in SuperValu, things might look differently to how they were before and that is ok.



# SuperValu

# Autism Friendly



## Shopping & Social Distancing

Changes have been made to keep everyone safe and well.

Shopping trolleys and shopping baskets will be sanitised.



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During the Covid-19 outbreak, a safe distance between you and others is at least 2 meters.

## Shopping & Social Distancing

While in SuperValu, you will also be asked to practice 'social distancing'.

Social distancing is putting space between you and other people.

When people stay apart, it reduces everyone's risk of getting the virus.

This means fewer people will get sick and we will reduce the spread of COVID-19.



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## Shopping & Social Distancing

Your local SuperValu store may ask you to wait outside the store. This is to control the number of people in the store.

As 1 person leaves, 1 person will be let in. This will continue until it is your turn to enter the store.



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## Shopping & Social Distancing

The entrance into your local SuperValu may also look different. This is to help keep everyone 2 meters apart and maintain social distancing.

Hand sanitiser and/or antibacterial wipes will be available at the front of the SuperValu store.



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This is so you can protect yourself and others around you.

## Shopping & Social Distancing

You will be asked to wipe your hands with the antibacterial wipes or hand sanitiser before entering the store.

You will be asked to do this even if you have already washed or sanitised your hands.



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Please read these guidelines carefully, or have a parent or carer explain them to you.

## Shopping & Social Distancing

You may see some yellow signs around the store – these are awareness posters about COVID-19.

They will list the important guidelines around possible sneezing and coughing in the store.



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You may only be able to buy 1 item of some products. This is so other people can also buy the product if they need to.

## Shopping & Social Distancing

There will be new signs under some products.

We should only buy the food we need.



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Items such as pastries, bread and fruit will be pre-packaged.

## Shopping & Social Distancing

Loose products may not be available.

This is to stop people handling the food and prevent the spread of COVID-19.



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## Shopping & Social Distancing

You will have to use disposable gloves when using the Orange Juice Station and the Frank and Honest Coffee Machines.



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## Shopping & Social Distancing

Some of the products you usually buy may not be available.

This is ok, they are just 'out of stock' and a staff member can help you find an alternative.



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## Shopping & Social Distancing

Some areas of the store may be closed – photo booths, coin machines, seating areas.

This is to protect you and others from the spread of COVID-19.



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## Shopping & Social Distancing

When you are queuing up to pay for your items, there will be signs on the floor showing you where you should stand.

This is so we can maintain social distancing.



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## Shopping & Social Distancing

The cashier may be sitting behind a clear plastic screen.

This is to protect you and the cashiers and help to maintain social distancing.



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## Shopping & Social Distancing

If possible, please pay with a debit or credit card.

This will mean the cashier does not have to touch coins or notes, and will help stop the spread of COVID-19.

Using our card  
helps keep  
everyone safe.



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I should use gloves if they are available.

## Shopping & Social Distancing

If I am using the self service checkout, I will still need to maintain social distancing while queueing.

All of these steps will help to keep me safe in SuperValu and help us to return to normal as soon as possible.



# SuperValu